

## The Bay Cafe ... Tea Room

*a large selection of organic loose teas brewed table side.*

Small carafe (12 oz) \$7      Medium carafe (24 oz) \$12  
Large carafe (36 oz) \$18

### **Herbal Teas**

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#### **Ginger Lemongrass Sunrise**

*This tea blend combines naturally sweet lemongrass & licorice root with hints of ginger & spearmint & brews a cheery yellow in the cup. Enjoy plain or sweetened, hot or iced.*

#### **Lemon Mint Chamomile**

*Lemon Mint Chamomile herbal tea balances the sweet, apple-like Egyptian flavor of chamomile blossoms with fresh minty tones of lemongrass and lemon balm. Add rose petals, lavender flowers and naturally sweet blossoms, and the result is a delicious, calming cup perfect for evening or relaxing in the middle of a busy day.*

#### **Chamomile Citrus Petals**

*Delight your senses with a fruity and sweet apple-like flavor, lemony aroma, and blush-pink brew. A delicious, calming tea for anytime relaxation. Naturally non-caffeinated*

#### **Sahara Apple Spice**

*Enjoy this smooth, deep-red blend of naturally caffeine-free rooibos leaves, wholesome apples and berries, & warm spices.*

#### **Ruby Spice Chai**

*For chai lovers who want to avoid caffeine, this rich blend contains notes of vanilla, cinnamon, ginger, and lemongrass.*

#### **Lemon Lavender**

*A bouquet of garden herbs & flowers with the flavor of chamomile, lavender & apple  
Curated assortment of relaxing teas for mind, body & spirit*

### **Black Teas**

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#### **English Breakfast**

*Rich & flavorful with a complex malty finish and fresh aroma reminiscent of raisins. This is a tea that will never disappoint. Brews dark red in the cup.*

#### **Berry Harvest**

*A sweet & fruity delight for the senses. Berry Harvest Tea combines lush, fruity organic berries with floral flavors. Brews to a dark gold in the cup. Delicious alone or with milk, sugar, or honey.*

#### **Earl Grey**

*This rich, full-bodied Assam blend is freshened with sweet citrus and a light and fruity aroma. Brews to a dark gold hue in the cup, while organic blue cornflower petals make for a beautiful visual experience.*

#### **Supreme Spiced Chai**

*This intensely flavorful, luxurious blend combines cinnamon, ginger, cloves, cardamom, star anise, pepper & other flavors with fine organic black tea from India's Nilgiri region for a rich chai experience.*

#### **Caramel Almond Blossom**

*Caramel Almond Blossom is a delightful after dinner treat. Sweet, distinctive & delicious, a rich mélange of almond, hazelnut & caramel flavors with a nutty aroma.*

#### **Wild Cinnamon Chai**

*This sweet, spicy preparation combines a malty, robust Assam black tea with fresh cinnamon and cardamom. A brisk and satisfying morning brew or refreshing, anytime pick-me-up. Contains caffeine.*

## **Oolong Teas**

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### **Peach Orange**

*This blend combines the smooth, fruity flavor of peaches & oranges with a refreshing aroma in a moderately caffeinated cup. Good all day long, & also delicious iced.*

### **Jade Oolong**

*This organic Jade Oolong has a distinctively fresh green appearance. Jade oolongs are known for their fresh green-floral aroma, sweet flavor, & clean delicate mouthfeel.*

### **Strawberry Hibiscus**

*Made with real organic fruit to deliver the intoxicating flavor and aroma of fresh garden strawberries anytime you want a fresh, fruity experience.*

### **Formosa Oolong**

*These carefully rolled leaves produce a bright golden cup with a sweet orchid aroma. A buttery mouthfeel balances a lovely sweetness, which lingers in the finish.*

## **Green Teas**

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### **Green Sweet Jasmine**

*This refreshing blend delivers an enticing floral scent and traditional jasmine flavor that pairs naturally with Asian cuisines. A healthful choice, rich in antioxidants, that subtly boosts energy with less caffeine than black tea.*

### **Pineapple Ginger**

*Light and unusual, this distinctive green tea is sure to win you over with the flavor of fresh pineapple and subtle spicy ginger.*

### **Minted Mango Peach**

*Delightfully different. When you crave something a bit out of the ordinary, choose this luscious blend that combines sweet flavors of tropical mangos & orchard peaches with refreshing peppermint.*

### **Green Cherry Blossom**

*A delight for all the senses. Light & unusual, this distinctive green tea is sure to win you over with the flavor of fresh cherries & a light, floral aroma*

### **Sencha Medley**

*Light and unusual, this distinctive green tea is sure to win you over with the flavor of fresh floral green tea and a light, floral aroma.*

### **Lemon Sorbetti Green Tea**

*This blend is summery & citrusy, with a clean, dry flavor & the aroma of fresh cut lemon, organic green tea is blended with organic lemon verbena, an herb that has a sweet lemon flavor with a light lemony scent that is invigorating and uplifting*

## **Matcha Green Tea**

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Our Matcha Green Tea Powder is a Ceremonial Grade the highest grade of matcha available in Japan. With its potent nutritional properties, matcha tea can boost your metabolism, detoxify your body, calm the mind, enhance your mood, and lower cholesterol. Matcha tea provides vitamin C, selenium, zinc, magnesium, EGCG, fiber, chromium, and more.

Matcha known to support a healthier immune system too.

### **Matcha Tea Latte 7**

Smooth creamy matcha sweetened just right & served with your choice of steamed “milk”

### **Iced Matcha Tea Latte 8**

Smooth & creamy iced matcha served with your choice of “milk” and sweetener

*Choices of Milk ...*

*Whole milk, 2% milk, heavy crème, almond milk, coconut milk, oat milk*

*Choice of Sweeteners ...*

*Cane sugar, Honey, Agave, Splenda, Equal, Sweet N Low*